

RICKY RECALCATI

Reading Tracker

Capture the ideas that change how you think.

By Ricky Recalcati

Welcome

Reading books is easy.

Applying what you learn is much harder.

Most people remember the title of a book but forget the ideas that made it valuable.

This Reading Tracker helps you slow down, think more deeply and turn good ideas into lasting habits.

Its purpose isn't to help you read more books.

Its purpose is to help you get more value from every book you read.

How To Use This Tracker

Use this journal throughout the year.

Before reading:

- Record why you chose the book.
- Write down what you hope to learn.

While reading:

- Capture ideas worth remembering.
- Highlight concepts that challenge your thinking.
- Mark practical actions.

After reading:

- Summarise the book.
- Decide what you'll implement.
- Record whether you would recommend it.

Remember:

Reading changes nothing. Applying what you read changes everything.

My Reading Goals

This Year I Want To:

Books to read:

Minutes per day:

Subjects I want to explore:

- ☐ Business
- ☐ Finance
- ☐ AI
- ☐ Psychology
- ☐ Biography
- ☐ Philosophy
- ☐ Leadership
- ☐ Investing
- ☐ Personal Growth
- ☐ History
- ☐ Fiction
- ☐ Health

Other:

Reading Wishlist

Reading Wishlist

Books completed

Book Review

Book Details

Title

Author

Date Started

Date Finished

Overall Rating

■

12345

Why I Picked This Book

Why I Picked This Book

What did I hope to learn?

What did I hope to learn?

Summary

Explain the book in your own words.

Five Biggest Ideas

Favourite Quote

Why did it stand out?

What Changed My Thinking?

Three Actions I'll Take

Action 1

Action 2

Action 3

Would I Recommend It?

☐ Definitely

☐ Maybe

☐ Probably Not

Why?

Book Review 2

Book Details

Title

Author

Date Started

Date Finished

Overall Rating

■

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Book Review 3

Book Details

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☐

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☐

Maybe

☐

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Why?

Monthly Reading Review

Month:

Books completed:

Best book:

Biggest lesson learned:

One idea I actually applied:

What can I improve next month?

Quarterly Reading Review

Quarter

☐ Q1

☐ Q2

☐ Q3

☐ Q4

Books completed:

Favourite book:

Three ideas worth remembering:

One habit I developed because of reading:

Annual Reading Review

Books completed

Favourite book of the year

Most useful book

Most enjoyable book

Book that changed my thinking the most

The five biggest lessons from this year:

Reading Next Year

Books I want to prioritise:

One reading habit I'll improve:

Final Reflection

Complete these sentences.

The best idea I discovered this year was...

The book I'm most grateful I read was...

Next year I want reading to help me become...

Continue Exploring

If you enjoyed this resource, explore more free guides, practical articles and book series at:

rickyrecalcati.com

Also recommended:

[The Second Act series](#)

[No Robots Required series](#)

[Scaling Hospitality series](#)

[Why Better Systems Build Better Businesses](#)

[Your Life Is the Sum of Small Decisions](#)